

# Abdominal Crunch Machine (CAB1000)

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Abdominal Crunch Machine with hydraulic resistance mechanism. Specially designed non-slip handle bars that are positioned for optimum Ab crunch workouts. Single hydraulic cylinder provides 6x levels of resistance. 3" thick upholstered seat pads and oversized neck rest roller for added comfort. Ideal machine developing the mid-section. Available in Black or Pumpkin coloured upholstery. Unit Size: 1237 x 786 x 1314 mm (L x W x H) Unit weight: 40 Kg. Product Code: CAB1000

**CAB1000 Target Muscle Groups: Abdominals**